

## Northside Cardiology P.C.

5670 Peachtree Dunwoody Road Suite 880 Atlanta, GA 30342

610 Peachtree Parkway Suite 100 Cumming, GA 30041

Office 404.256.2525 Fax 404.845.4720 www.nscatl.com

Barry D. Silverman, M.D. Jack P. Chen, M.D. Michael A. Balk, M.D. Van Crisco, M.D.

Narendra Singh, M.D. Nabeel Hafeez, M.D. Kim Champney, M.D.

### ECHOCARDIOGRAM/ HOLTER MONITOR/ EVENT MONITOR

■ It is very important that if you are unable to make this appointment, you call Northside Cardiology, P.C. at 404-256-2525 at least 48 hours prior.

■ Your SCHEDULED ARRIVAL TIME is \_\_\_\_\_.

*Important:* you are expected to arrive 30 minutes prior to your scheduled test time. If you are more 15 minutes late from your arrival time, please understand that we may have to reschedule your test.

■ Your SCHEDULED TESTING TIME IS \_\_\_\_\_.

#### ECHOCARDIOGRAM

The echocardiogram is an ultrasound study which allows us to visualize the heart, its size, valves, and chambers to more adequately evaluate their functions. There is no discomfort associated and no preparation involved. Your echocardiogram takes approximately 30 to 60 minutes.

#### HOLTER MONITOR

The Holter monitor is an ambulatory electrocardiogram. You will wear 5 electrodes attached to a recorder (about the size of a walkman). This recorder will record every beat of your heart makes, while attached to you. You **MAY NOT** take a bath or shower while you are being recorded. We recommend you bathe that morning. Holter monitors are scheduled first thing in the morning or afternoon and must be promptly returned the next day about the same time you received the monitor. Failure to do so may result in loss of recorded information by the monitor.

#### EVENT MONITOR

This is an extended duration ambulatory monitor which is worn for approximately one week. Events/symptoms may be transmitted via telephone. This is given for transient episodes at the discretion of your physician.

#### **YOUR RESULTS WILL NOT BE AVAILABLE ON THE DAY OF YOUR TEST**

Test results are mailed or faxed to your referring physician within 48 hours of interpretation by our cardiologist. A follow-up appointment with the physician who ordered the test should be scheduled for 1 to 2 weeks.

**ANTI-ARRHYTHMIC MEDICATIONS**

<i>Generic Name</i>	<i>Brand Name</i>
Amiodarone	Cordarone, Pacerone
Disopyramide	Norpace
Flecainide	Tambaccor
Propafenone	Rythmol
Procainamide	Pronestyl
Quinidine	Quinidine, Quinaglute
Sotalol	Betapace

**BETA BLOCKERS**

<i>Generic Name</i>	<i>Brand Name</i>
Acebutolol	Sectral
Atenolol	Tenormin
Betaxolol Hydrochloride	Kerlone
Bisoprolol	Zebeta, Ziac
Carteolol	Cartrol
Carvedilol	Coreg
Labetolol Hydrochloride	Trandate, Normodyne
Nadolol	Corgard
Metoprolol	Apo-Metrolol, Betaloc, Lopressor,
Toprol (XL)	
Oxprenolol Hydrochloride	Trasicor
Penbutilol Sulfate	Levatol
Pindolol	Visken
Propranolol	Apo-Propranolol, Detensol, Inderal,
Navopranol	
Timolol Maleate	Blocadren

**OCULAR (eye) PRODUCTS CONTAINING BETA BLOCKERS**

<i>Generic Name</i>	<i>Brand Name</i>
Betaxolol Hydrochloride	Betopic Ophthalmic, Betopic S Ophthalmic
Levo-Bunolol	Betagan
Timoptoc	Timolol

**COMBINATION PRODUCTS CONTAINING BETA BLOCKERS**

<i>Generic Name</i>	<i>Brand Name</i>
Atenolol Chlorthalidone	Tenoretic
Labetalol Hydrochloride & Hydrochlorothiazide	Normozide
Metoprolol Hydrochlorothiazide	Cobetaloc
Nadolol Bendroflumethiazide	Corzide
Pindolol Hydrochlorothiazide	Viskazide
Propranolol Hydrochlorothiazide	Inderide
Timolol Hydrochlorothiazide	Timolide

**CALCIUM CHANNEL BLOCKERS OR COMBINATION PRODUCTS**

<i>Generic Name</i>	<i>Brand Name</i>
Diltiazem	Ditia XL, Tiazac, Cardizem, Dilacor
Verapamil	Isoptin Chronovera, Calan